



KEEPING TABs ON TAB

Official Training Active Bystanders Newsletter, November 2024, Issue no. 5

[Click Here to Join our New Facebook Group!](#)

*“Helping one person might
not change the world, but it
could change the world for
one person.”*

Training Active
Bystanders



The latest on this months issue:

- UPCOMING ELECTION
- TRAINER SPOTLIGHT
- FACEBOOK GROUP
- TALKING POLITICS
- UPCOMING....

The Upcoming Election

As the upcoming election approaches, our focus is on fostering a community where everyone feels empowered to engage actively, responsibly, and respectfully. We recognize that elections impact us all, and regardless of differences, we believe in the importance of coming together to strengthen our shared values of empathy, equity, and respect. This season, let's work to create a positive impact by supporting actions that build unity, promote understanding, and contribute meaningfully to our communities.

Supporting Voting Rights

Ways you can help support voting rights this election season:

1. Offer rides to the polls
2. Offer to babysit so a caregiver can vote
3. Text and email reminders to your friends and family
4. Offer to bring friends/family/neighbors etc. with you to the polls
5. Go vote with friends, make it a fun, social event
6. Initiate conversations on voting issues among your social circle: Start the conversation early so there's time to learn about issues/candidates
7. Raise awareness of the many ways to vote (early voting, mail-in voting, etc.)

There are many ways to support voter rights, to learn more visit the Brennan Center for Justice: <https://www.brennancenter.org/election-2024>

Trainer Spotlight

Sakoneserriosta Brent J. Maracle



This month, we are highlighting Rev. Sakoneserriosta Brent J. Maracle, a TAB trainer who uses his skills in his work as the lead pastor of Christ Revolution Church in Lexington, MA, and beyond. He is also the Chief Economic and Policy Advisor at Tawentene LLC, which focuses on community development and governance. Maracle's work with indigenous nations of North America has particularly benefitted from his experience as a TAB trainer. In recent work on the Mohawk Nation territory of Akwesasne, Sakoneserriosta brought the training to a group of 16. "TAB is a training process that highlights a key characteristic of Mohawk culture which emphasizes respect for life in general, and human life particularly. Dehumanizing others is a contributing factor to the negative power dynamics of every society. A thoughtful approach to restoring human dignity disturbs the power dynamic in a positive way. TAB highlights that thoughtful approach," says Maracle. He, along with his group of 16 across the 7 Mohawk Nation territories, plans to bring TAB to other INNA territories across North America. Thank you for your dedication to TAB and commitment to building a stronger community! We're excited to support you and look forward to seeing all the impactful ways you'll help TAB grow and thrive.

Do you want to nominate yourself or someone else for our next Trainer Highlight?

Submit their nomination here:

[https://docs.google.com/forms/d/e/1FAIpQLSdHZcO3pP6mH8Ruvijyy1kvOM5j5GRt-CFC1V1x3xSt3ui3Ow/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSdHZcO3pP6mH8Ruvijyy1kvOM5j5GRt-CFC1V1x3xSt3ui3Ow/viewform?usp=sf_link)

Join Our Facebook Group!

We have recently created a new Facebook Group which will allow members of the TAB community to keep up to date on events, trainings, and exciting new things happening at TAB! We hope that this group will be a way to keep our community together and engaged in our work, and will be a place where members can discuss TAB topics with each other and ask for advice on active bystander situations that are happening in real time.

[Click Here to Join our New Facebook Group!](#)

Having Hard Conversations: Talking Politics

Over the past few years, TAB staff have built up advanced lessons on various topics to keep trainers engaged and well-practiced, which will make us stronger active bystanders. Take a look at our Advanced Lesson- “Having Hard Conversations: Talking Politics.” This will also be posted in our Facebook group, and we hope that the comments section will be a place where discussions can happen to share ideas.

As the upcoming election approaches with the holiday season, we know that many heated political discussions will take place. Check out this advanced lesson for tips and practice on how to use skills you have as an active bystander to turn the topic of politics into one of growth, respect, and empathy.

[Click Here to Open this Advanced Lesson](#)

What's Next for TAB?

QM has been busy lately, doing trainings in Washington State, Oregon State, and Massachusetts. In collaboration with the Research Triangle Institute, we have updated our evaluation system. Our goals for the next month include setting up free trainings for Mahar, Athol, and Greenfield High School students and the Athol YMCA. We hope to finish our athletic curriculum in the coming months to start a rollout this spring. We will also be attending workshops to get our name out there and participating in professional development opportunities to prepare us for the work to come.

[Click here to donate and help us reach our goals](#)

To unsubscribe from our email list, please reply to this email or send an email to lillyfellows.quabbinmediation@gmail.com with 'unsubscribe from newsletter'

